

**Don't worry  
about crying pretty.**

**We can't see you over  
the phone.**



Licensed counselors are available  
24/7 to provide confidential  
support with any life stressors—  
from relationship issues, stress  
or substance abuse, we can help.

**1.877.215.6614 | [wseap.com](http://wseap.com)**

STRESS | GRIEF | DEPRESSION & ANXIETY | SUBSTANCE ABUSE | FAMILY | RELATIONSHIPS | WORK CHALLENGES

**WE  
GOT  
THIS.**